



JIM PALMER

AUTHOR SPEAKER ARTIST EXPLORER

Media Kit 2017

"ONE OF THE GREAT SPIRITUAL WRITERS
OF OUR TIMES"

-Brennan Manning

"A rebel with a cause"

-Publisher's Weekly

MEET JIM PALMER

Jim Palmer is a contemporary spiritual teacher and critically acclaimed author. As a spiritual director, Jim often works with people who are experiencing a crisis of faith or seeking to explore spirituality beyond the parameters of organized religion. As a speaker, educator and person in his community, Jim is a catalyst for interfaith dialogue and action. Regardless of one's religious, spiritual or philosophical background, Jim believes all people can find common ground and goodwill in their shared humanity, to work together in creating a more peaceful and just world.

Jim is an ordained minister, receiving his Master of Divinity degree from Trinity Divinity School in Chicago. After serving several years as the Senior Pastor of a non-denominational church, Jim left professional ministerial life on a quest for a more authentic spirituality, and has authored five books about his journey. In addition to writing, speaking and his spiritual direction practice, Jim is an adjunct professor in the areas of Ethics and Comparative Religion.

For a season, Jim traveled abroad with an international human rights organization, witnessing firsthand, the exploitation and abuse of children through forced child prostitution and child slave labor.

Jim is a proud father of his daughter, Jessica. He loves animals and cares for three special needs pets of his own. He is an artist in the areas of poetry, abstract painting and photography. Jim is an explorer, you might find him running a trail, hiking to a summit or snapping photos in villages and cities throughout the world.

**YOU CAN'T BOX UP GOD
IN RELIGION.**

**YOU CAN'T BOX UP JESUS
IN CHRISTIANITY.**

**YOU CAN'T BOX UP CHURCH
IN A BUILDING.**

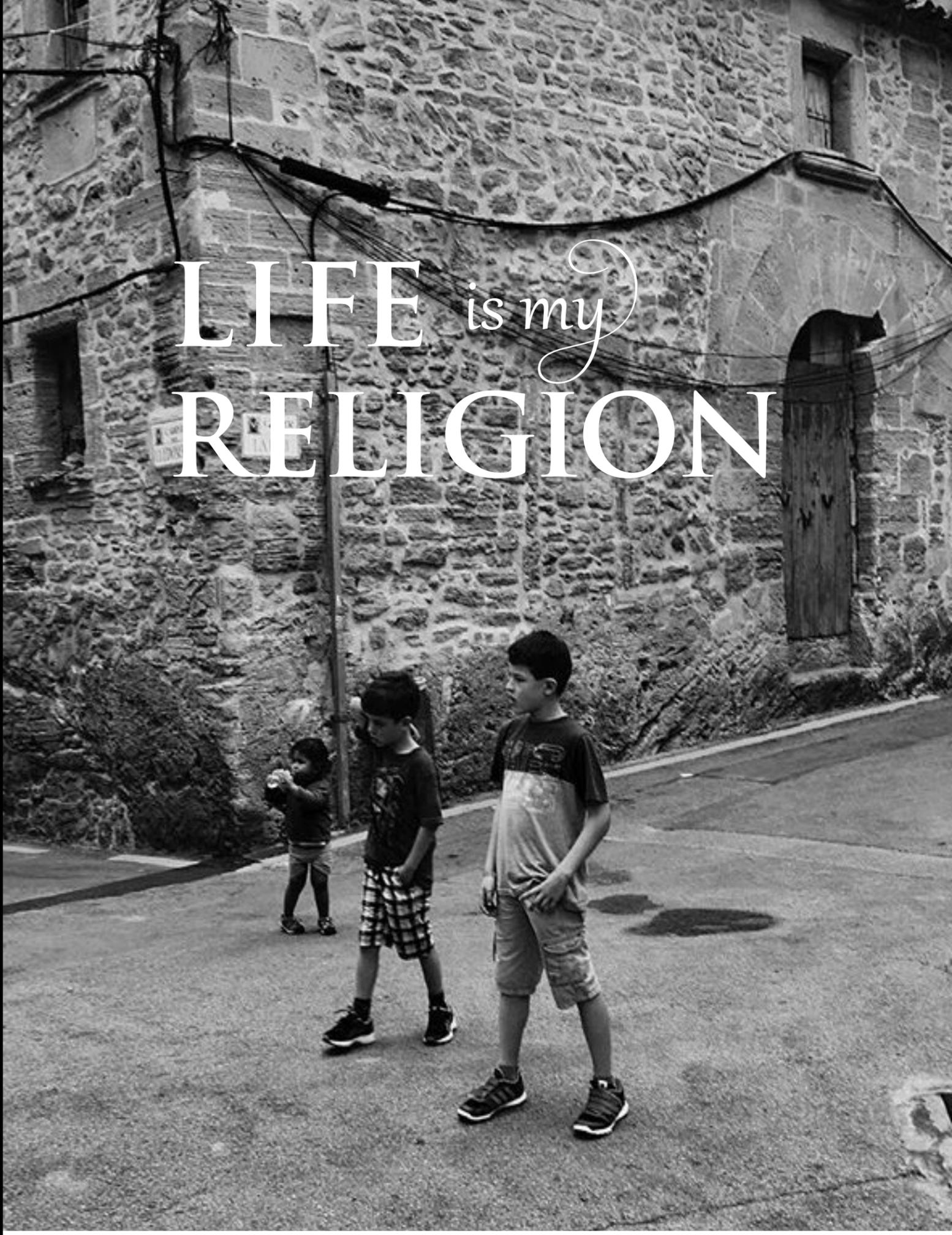
**YOU CAN'T BOX UP TRUTH
IN A BELIEF SYSTEM.**

**YOU CAN'T BOX UP GRACE
IN CONDITION.**

JIM PALMER ©

**Ways Jesus is Universally Relevant,
Regardless of One's Religious, Spiritual or
Philosophical Belief-system:**

1. Jesus both affirmed what was good and confronted what was wrong in his own religious tradition.
2. Jesus taught that love is and should be the ultimate fulfillment of all religious teaching.
3. Jesus pointed out the hypocrisy of claiming a close relationship with God while perpetuating discord and hostility in human relationships.
4. Jesus confronted the mentality of judging others, and instead told people to look in the mirror.
5. Jesus taught a human solidarity where every person sees themselves as a "neighbor" to those in need.
6. Jesus extended love, compassion and friendship to all people without condition.
7. Jesus affirmed the inherent and equal worth of all human beings, regardless of their status or place in the world.
8. Jesus confronted systemic oppression, and took on institutional power structures that perpetuated it.
9. Jesus did not seek to convert people to any religion or belief-system, but challenged his followers to embrace and follow the spirit of love within themselves.
10. Jesus affirmed that every person has the responsibility and authority to build a world of peace and harmony that works for everyone.



LIFE *is my*
RELIGION

INBOX



"Jim, you don't know me, but I just want you to know how meaningful your words are and what they have meant to me, especially lately. I've been at a place of not knowing my worth and value because of situations in my life. Your writing has helped me remember who I am beyond any relationship I have with others. I have taken many photos of your writings so that I can access them quickly when I start to go backwards in my thinking. Keep it up. Thank you so much." - Rita

"I'm a Jewish Israeli. I saw a blog post you wrote about stuff Jesus didn't say. I grew up in the U.S. and I have had times in my life when I wanted to follow Jesus. I'm totally turned off by American Christianity and the televangelism I have seen. I don't see any hint of the Jesus I read about in the New Testament. But, now more than ever I am finding an interest in following him. Jesus was an observant Jew. And I don't want to ever give up my Jewishness in order to follow him. I just wanted you to know I love your blog. I love the idea of knowing God without the trappings of religiosity. I am dying for an authentic relationship with my Creator." - William

"I have been an avid follower of you, Jim, since 2009. Your books I share often! They freed my thinking on religion and I was finally okay with being spiritual." - Rafael

"I love your beautiful inspirational posts. You have a beautiful mind! thank you for sharing. Keep it up!" - Reya

"I just want you to know that you are saving my life. My daughter passed away and I just learned that she may have been murdered. I have suffered from depression but have held a job and lived a normal life. Now I am in such dark place that I pray to God to please take me in my sleep. But you have changed things for me and I don't know how to thank you. Because of you, I feel a little stronger every day and hope to be working again and be a positive contributor to society again." -Debbi

"So many of the things that you write touch me at the core of who I was created to be." - Julie

"I have struggled a lot in this life due to mentally ill mother grabbing onto a warped sense of religion and running with it. I have been in such bondage my whole life, searching for love and acceptance that I never received from parents nor did I feel it from the scary God that I was introduced to as a child. This journey started when my friend introduced me to you. What you write, is in my heart. It touches me deeply at such a core level, I can't thank you enough for your willingness to bare your soul constantly to reach those of us who were deeply hurt by religion/the church. The stories I can tell of my experiences are horrific when I think back, but it has all been a part of my journey and I am just so thankful that God has led me to this place and opened my eyes. to the truth. The truth that no one has the complete truth... we are all seekers... we are all on this journey called life and that God IS love and he is not out to destroy me and I am good enough." - Carrie

"Thank you, thank you for writing your books. *Wide Open Spaces* came to me at a pivotal point in my walk with God. *Wide Open Spaces* offered support and an invitation to go forth to explore and expand my world. I'm grateful and love my life more than ever. Thank you for listening to your heart and writing the book!" - Mei

" Just finished reading *Being Jesus in Nashville*. So relieved to find someone who has put into words what I have been struggling with for so long. Separating the religious part, from Jesus. Not an easy task. It is very painful right now. Friends turning their backs on me and wondering if I'm doing the right thing. But knowing that I am. Thank you so much for being you, and being you out loud!" - Byron

" A friend gave me your book *Being Jesus in Nashville*, and I've been reading it an hour a day on my lunch breaks. When people ask my belief system, all I can say is that I am a humanist who believes in God. I am an agnostic three days a week, an atheist for three, and the other days, I miss Jesus, and wish for him fervently. I miss the spiritual part of my life, and I like Jesus as a leader, but have such a hard time conceptualizing him as reality. Your words have meant so much to me while I am in the midst of the not knowing and finding peace in it all." - Marice

I celebrate the life of my son, who was murdered 11 years ago, tomorrow. I didn't want to make it a public comment. Thank you for sharing your life with many. It's clear God uses it profoundly." - Lana

"Sometimes we can speak for ourselves and sometimes others speak for us... your writing is giving me hope."

- Elizabeth



5

Five Beliefs to Change our Global Discourse, Sentiments, and Actions About the Power of Religious, Spiritual, and Philosophical Diversity for Good.

1

Every person can fully embrace and follow their religious tradition, spiritual interests or philosophical views, without creating division, destruction, hostility or hatred.

2

Every person can find a rationale and motivation within their belief system, to be an instrument of goodness, peace, love, and compassion in the world, and affirm the inherent, equal, and unconditional worth of every human being.

3

Every person has the right to follow their own inner guidance in choosing their own religion, spiritual path or philosophy of life.

4

Every person can participate in a process of personal growth, self-actualization, and fulfillment of one's highest beliefs and aspirations, and encourage the same for others.

5

Every person benefits when each of us follows our own unique inspiration, for building a world that works for everyone.

Ways to Deepen Your Spirituality

Make peace with your religious past.

Take responsibility for your spiritual journey.

Dissolve the line between "sacred" and "secular".

Listen to, and trust your inner voice.

Look past the labels and differences, and relate to the deepest reality in other human beings.

Stop making your humanity wrong.

Don't strive to achieve or build an identity around being an enlightened or spiritually superior person.

Become a *geologist* - investigate and discover meaningful ways to stay connected with the earth and natural world.

Expand what it means to be "present" - explore your spiritual aura and energy.

Awaken and live from your inner passion.

Spiritualize sexuality - redeeming the sexual experience to the realm of the sacred.

Expand your relational world beyond religious subculture.

Don't create a new religion out of your latest discovery.

Assume every human being knows something you need to know.

Don't latch on to the latest spiritual teacher - learn from everybody but consider yourself to be your own guru.

Read something other than spiritual/religious books.

Explore a new outlet for creative expression.

Do something that brings you delight.



PALMER

— in —

PRINT

Jim Palmer's books stirred interest among a wide audience of people. Such diverse names as MLB pitcher Paul Byrd, Sports Broadcaster Ernie Johnson, Allman Brothers Band bass player Oteil Burbridge, entertainer Jeff Foxworthy, and novelist Anne Rice have shared how Jim's books have impacted their lives.

The five books I have published appeal particularly to spiritual people who feel betrayed by organized religion. Many individuals who become disillusioned and lose faith in their religious beliefs or feel in some way victimized through their religious involvement, abandon all belief in God and become intolerant of all religion. My path has been different. Though I questioned my own religious beliefs, leaving many of them behind, I did not abandon my spiritual interests altogether. Instead, the process of deconstructing my Christian religious tradition and belief-system led to a deeper and more expansive and inclusive spirituality. In my earliest books I share the particulars of my journey as a theological scholar and church pastor who left professional ministerial life to pursue a more authentic spirituality. My subsequent books have offered readers a "non-religious" way of understanding God, and an alternative view of the significance and relevance of Jesus.

Regardless of religious, spiritual or philosophical beliefs, I hope my books will encourage, inspire, educate and challenge people to reflect more deeply about what it means to be human and being human together. Having come from a Christian tradition, I tend to be a little harder on my tribe, for the ways I feel we are missing our opportunity to be people of compassion, humility, authenticity, solidarity, responsibility and service in our world. Despite my misgivings about institutional Christianity, I believe Jesus is universally relevant and profoundly significant, regardless of one's religious, spiritual or philosophical belief-system.

"Jim Palmer's story offers an inspiring and profound glimpse into life with God beyond institutional church and conventional religion."

- Evangelicals for Social Action / PRISM Magazine

"Gritty. Deep. A message to rattle your cage, and change the world."

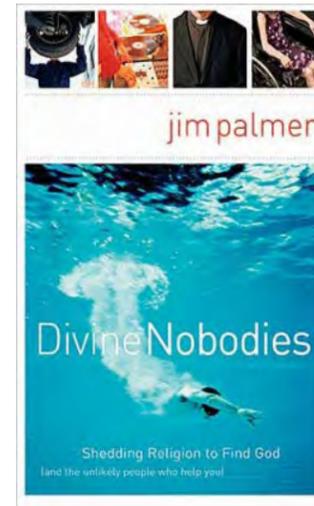
-Lucas Farrell

"Jim Palmer, the hall of fame pitcher changed speeds on his fastball but this Jim Palmer, the author changed lives in our locker room."

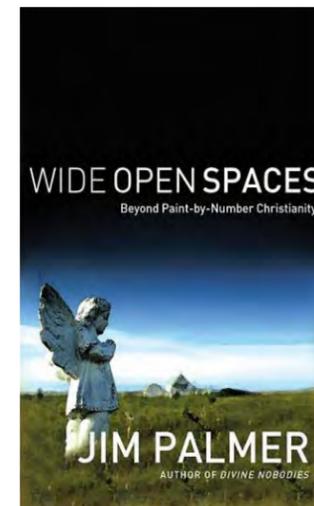
- Paul Byrd. Pitcher, Boston Red Sox

"Inner Anarchy is not a book; it's smelling salts"

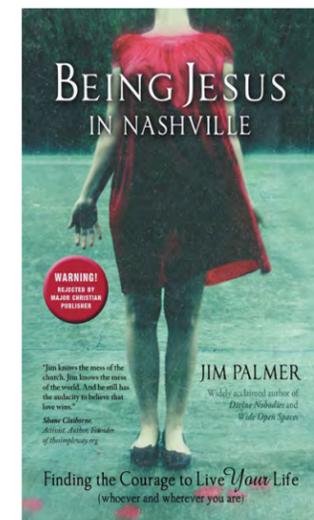
-Jacob Byrne



In 2006 I published my first book, *Divine Nobodies: Shedding Religion to Find God (and the unlikely people who help you)*. This was my "coming out" book - coming out of organized religion and leaving it behind in search of a more authentic and non-religious spirituality.



My follow-up book, *Wide Open Spaces: Beyond Paint-by-Number Christianity*, was a book that described my process of deconstructing my entire Christian belief system and how my beliefs and life changed as a result.



The third book I wrote was *Being Jesus in Nashville: Finding the Courage to Live Your Life (whoever and wherever you are)*. This book tells the story of how I came to answer the question of the significance of Jesus for my life. The answer stirred up a lot of controversy. I was labeled a heretic, and my Christian publisher refused to publish the book and canceled my writing contract.

"Palmer's subject teamed with his sincerity will likely widen the reach of his writing beyond evangelicals to seekers and readers not fond of 'organized religion.'"

—Christian Retailing Magazine

"Brings God out of the sky to the center of our lives. *Inner Anarchy* shows the way to the future."

- Jim High, President Southern Progressive Alliance for Exploring Religion.

"A message worth considering"

- Publishers Weekly

"Jim Palmer, with each book he writes, further frees the idea of God from the bonds of fundamentalist religion. In his latest book, he goes where only the most heroic dare to go.

He takes the reader right to the source of God: the self. The journey is as exquisite as it is humbling, as wonderful as it is challenging, as beautiful as it is transcendent."

-Ryan Ange

"With *Divine Nobodies*, emerging church leader Palmer touched a nerve with readers who gravitate toward cutting-edge evangelical writers like Brian McLaren and Donald Miller. Similarly, *Wide Open Spaces* employs a personal, homespun style to dissent from Christianity-as-usual.

Palmer examines such spiritual disciplines as honing one's belief system in accordance with biblical principles; advancing the gospel outside of church walls; dismantling ineffective church practices; and discovering purpose in unexpected places. He might raise the hackles of some evangelicals with a confessional narrative of putting aside the Bible for a season, recognizing that it was at the center of "...a religion that had left [him] empty, exhausted, and disillusioned."

Palmer shed this conventional religion as he purposefully "tuned out preachers and others quoting or referring to it," and writes that the result was that God spoke to him through nature, people, art, film, and music. Palmer might be termed a renegade, but most young evangelicals will see him as a rebel with a cause and a message worth considering."

- Publishers Weekly

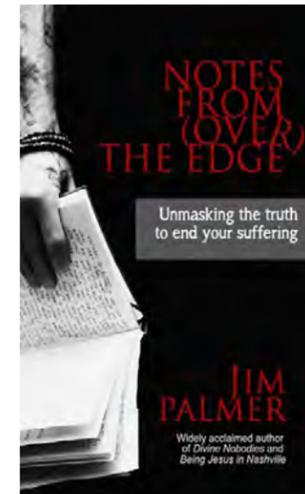
"Palmer's writing is like the pearl of great price; you stumble across it and realize how valuable it really is. His books are gems that stir your soul deeply."

- BookPleasures.com

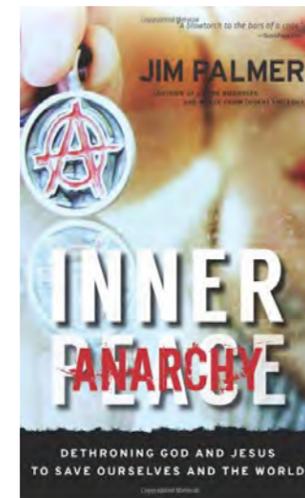
"It is hard to express the immense satisfaction I gain from the writings of Jim Palmer. I have never been one to follow after the teachings of the latest prophet or guru, and whilst that hasn't changed, perhaps it is Jim's ability to challenge, give insight and express with great precision and clarity that keeps drawing me back to his words. I have never experience as many "wow" moments and epiphanies from any other writer, he hits the nail on the head every time. If you are ready to allow the winds of change and refreshment over your soul and mind, then I highly recommend that you read *Notes from (Over) the Edge*."

-Donovan Shaw

"A blowtorch to the bars of a cage." - Bookpage.com



My next book was *Notes from (Over) the Edge: Unmasking the Truth to End Your Suffering*. In this book I chronicle my discoveries and experiences in addressing the root cause of my own inner suffering. It unveils a distinctly different way I had come to understand myself, life, and the divine.



My most recently published book, *Inner Anarchy: Dethroning God and Jesus to Save Ourselves and the World*, is my re-framing The Jesus Story, which is a departure from how traditional Christianity understands and interprets Jesus, his message, significance and relevance.

“ In seminary I organized God into theological categories such as Christology, Soterology, Pneumatology, Ecclesiology, Missiology, and Eschatology. Eventually, I discovered instead, that it really came down to this:

EVERYTHING-ology :
Seeing the divine in, as, and through all things.

EVERYONE-ology :
Honoring the divine as the fundamental essence of all people.”

JIM PALMER ©

RAVES & REVIEWS

"Inner Anarchy calls for a revolution, a complete break from, and throwing off of organized Christianity and its doctrines in order to embrace what Jim outlines as Jesus' original message and intent. Enough to make many (most) Christians uncomfortable. Still, does it really deserve the label dangerous? The word connotes power of a sort. "Dangerous" implies that enough people are paying attention to you to find you threatening. There is a place for all these conversations. I have a sneaking suspicion the transitionist/bridge-builders will change our society's relationship between spirituality and religion. Jim Palmer is adding a useful element to the conversation." - Kate Johnson

"Jim knows the mess of the world. Jim knows the mess of the church. And he still has the audacity to believe that love wins."—Shane Claiborne, activist, founder of thesimpleway.org

"I've read a lot of books on spirituality. Of all the books I've read, this is quite possibly the most practical. If you're fed up with what you've been trying and are willing to think outside the box, WAY outside of the box for some people, Notes from (Over) the Edge is the book for you. You can take the blue pill, just keep believing whatever you're believing or you can take the red pill, read this book and see just how deep the rabbit hole goes." - Bryan Smith

"[Jim Palmer's books are for] anyone who has ever gasped for air within the claustrophobic confines of religion." - Kristyn Komarnicki, editor, PRISM Magazine"

I could read what Jim Palmer writes all day. He's honest, funny, and his perspective really gives you some-thing to chew on." - Ernie Johnson, Jr., sportscaster for TNT/TBS

"...an unabashed invitation to sail out of the shallows of stagnant, repetitive Sunday only religion and to sail into the adventure of a life lived alongside Jesus in the wild, open currents of everyday life."

- Wayne Jacobsen, author of *He Loves Me: Learning to live in the Father's Affection*

"Wide Open Spaces chronicles Jim Palmer's search for something other than cultural Christianity, and it seems that along the way he found it. Having just read the book, I now feel drawn to begin that same search for myself." – Charles J. Powell, producer of Faith Cafe, Inspiration Networks.

"For those on the outside walls of the church to those who have never been inside the walls of the church, *Being Jesus in Nashville* can speak to all. Jim shares honestly, directly from his heart. He draws you in with HIS story and leaves you inspired to create your own. For those who have experienced pain and heartache, when reading this book you'll know that you have found someone who understands. Jim writes as if he is sitting there with you, over a cup of coffee and you walk away with the feeling that being just exactly who you are, is just exactly who you are supposed to be." - A. Folk, Amazon Customer Review

"Palmer might be termed a renegade, but most will see him as a rebel with a cause and a message worth considering." - Publishers weekly

My 'box' of religion was shattered 20 years ago. I spent the first few years trying to put it back together, but I began to realize that each broken piece I picked up was not consistent with the Kingdom of Light, so the task became odious. *Wide Open Spaces* gave me the freedom to lay down my guilt-driven labor and realize that God moves and succeeds at His mission quite effectively outside the boxes we build for Him. I feel like my soul drew a big sigh of relief!
- M. White, Amazon Customer Review

"Whoa! Batten down the hatches, and leave what you think you already know at the door."
- Carry Graham

"I am tempted to say that Jim Palmer could well be the next Donald Miller, but what they have in common, along with an honest spirituality and extraordinary skill as story tellers, is a unique voice. So I might instead say that one of our best young writers in the future, may well be called the next Jim Palmer." - Brian McLaren, author of *The Secret Message of Jesus*.

"Jim Palmer's book *Divine Nobodies: Shedding Religion to Find God* has serendipitously become a timely landmark in my spiritual journey with God. An unveiling took place right before my eyes. It's as if someone wiped away layers of tradition and opened up a world of possibilities, yet, in keeping with God's truth." - I. Sanchez, Amazon Customer Review

"Jim Palmer reminds us that the world is bigger than our little ecclesiastical corner."
- TitleTrakk.com

"Jim's words are brilliant and come from an authentic and refreshing place of love. He opens the most vulnerable areas of the soul. His words bring people together as one, breaking the barriers of organized religion. We have found a voice and an advocate in Jim, who's simple, to the point, yet eloquent writings give credence, support, and inspiration to our shared life experiences. We are not alone! Thank you, Jim Palmer." - Amy Strefling Peterson

"I would recommend Jim's books to anyone seeking to know more, find more, live more, understand more, and journey more with the divine in us all."
- John O'keefe, founder of ginkworld.net

15 Things Jesus Didn't Say

"For God was so disgusted with the world and you that he gave his one and only Son."

"I have come to bring you a new religion."

"By this all men will know that you are my disciples, if you have correct theology."

"If anyone would come after me, let him disparage all other religions and their followers."

"If you love me, you will regularly attend a Christian church of your choice."

"Blessed are the tithers for they shall be called the children of God."

"Thy kingdom come, thy will be done in Heaven after the earth goes up in flames and is destroyed."

"You have heard it said, 'Love your neighbor,' which means the people with whom you attend church and relate to in your Christian sub-culture."

"In my Father's house there are a limited number of rooms. But no worries, there is plenty of room in Hell."

"The kingdom of God has come!... Well, not exactly. I mean, not completely. Let's face it, the really-real kingdom comes after we die. Hang in there. It won't be long."

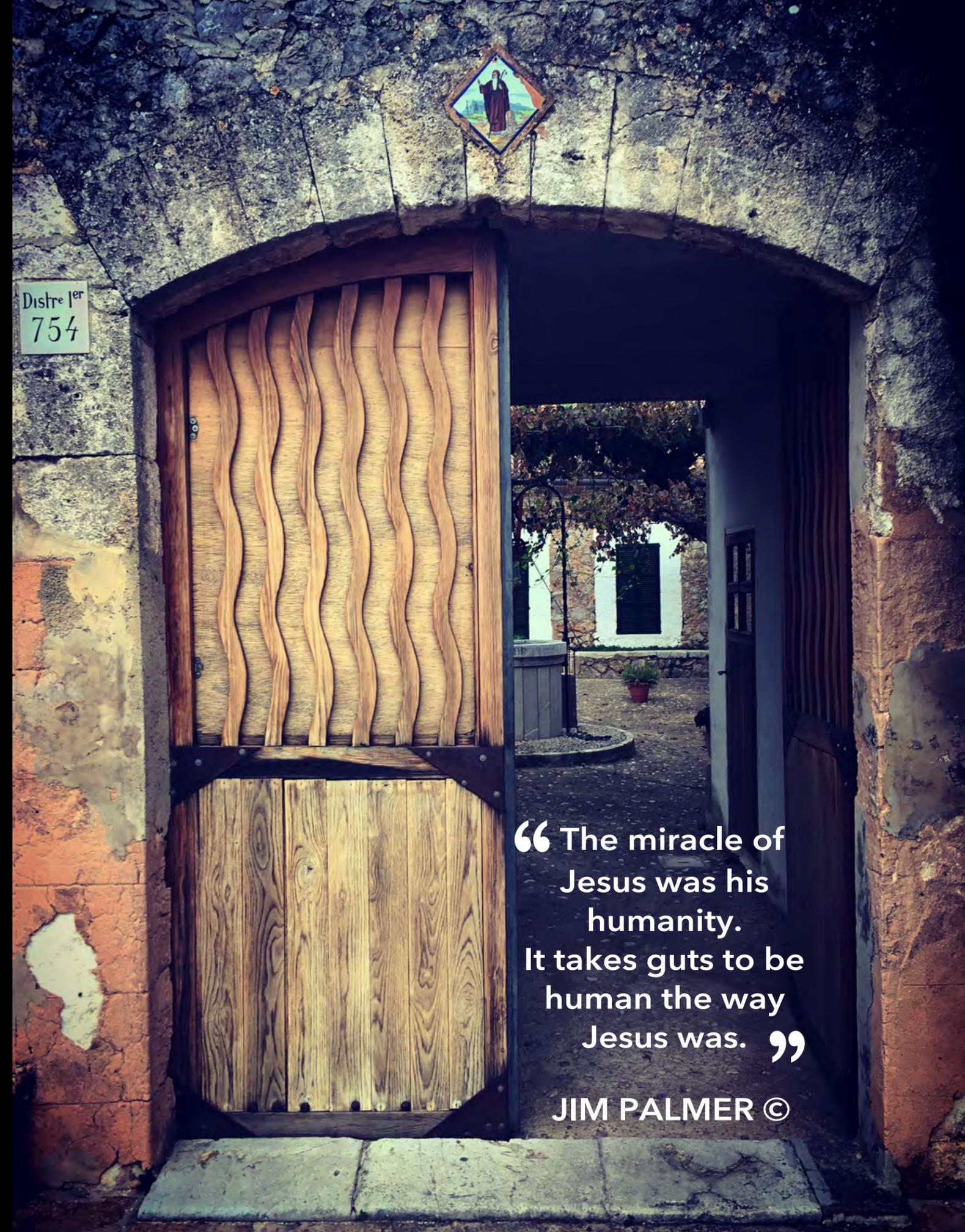
"And you will know the truth and the truth will make you superior to all the other simpletons who never learned Greek or Hebrew."

"Live as I have lived but keep in mind that this is not possible because I am divine and human, and you are just human."

"Come to me, all you who are weary and burdened, and I will give you a checklist of things to do and not do in order to remain in God's favor."

"For God so loved the world... you know like theoretically... as in, God loves the big 'W'-world. But when it come to you specifically, there are quite a few things that would need to change for God to actually and specifically love... or even like... YOU."

"He appeared to his disciples over a period of 40 days and spoke about how to incorporate his life and teaching as a 501(c)3, and go into all the earth to build mega-churches in his name."



“The miracle of Jesus was his humanity. It takes guts to be human the way Jesus was.”

JIM PALMER ©

Speaking

Whether it's one-on-one, a small group or a large audience, I find great fulfillment in connecting and engaging with people. I've traveled throughout the world and experienced many different cultures and ethnicities, as well as different religious, spiritual and philosophical beliefs. But I also encountered a profound bond in our shared humanity, and common hopes for a world without strife, division, hatred, violence, suffering and injustice. I am convinced that whatever differences we might have in our way of relating to God or the divine, we can all toil together in building a world that works for everyone. My greatest joy is inspiring people to find, within their own religious or spiritual tradition, a motivation for compassion, cooperation and solidarity across the entire spectrum of our human family.

We live in a time when people are divided: political party against political party; cultures, nationalities and ethnicities at odds with each other; this religion against that religion. I'm convinced it doesn't have to be this way. There was a time when my own Christian beliefs were a source of division. Eventually I learned that the life and teachings of Jesus were not meant to create a religion to compete with the others, but a challenge and invitation for all people to recognize love as the true path of knowing God, and the ultimate fulfillment of all religious teaching.

History has shown that religion can either be a restorative force in the world for unity and solidarity, or a toxic force, spreading division and discord. While it's true that fundamentalist religious ideologies have damaged many people and communities in the world, I believe the wounds of religion can be healed, and we can learn new and more hopeful ways of being human together.

Churches and Christian Leaders

Religion does not have to divide us. Jesus is universally relevant, regardless of one's religious, spiritual or philosophical belief-system. Within every religion there is common ground for human kinship, a rationale for coexisting peacefully, and inspiration for justice, equity and compassion in our human relationships. There are some religious mindsets that promote discord, hate and even violence. But it's also true that religion and spirituality inspires great acts and movements of love, compassion, and human solidarity. Given my background in Christianity, having a Master of Divinity degree and serving many years as the pastor of a Christian church, I want to be a catalyst among my Christian tribe to be instruments of human unity and harmony. Though I find that many Christians, church leaders and faith communities are willing to promote understanding and accord among different faiths, they are faced with

many challenges. When I speak about this with churches or church leaders, I anchor my message in the person, life and teaching of Jesus. I help individuals understand the opportunities and obstacles of our current religious and spiritual climate, and how to build bridges of understanding and cooperation in the spirit of the life and teachings of Jesus.

Helping Professionals

In 2009 I began a spiritual direction practice, which includes working extensively with individuals who have been personally damaged by a toxic religious experience. The harm that fundamentalist religion does in a person's life, often starts in childhood through messages of shame and fear. In conversations about "spiritual abuse" many people think of extreme cases like "cults," but some of the most damaging churches or religious groups can appear on the surface to be friendly, contemporary, and family-oriented. There are several ways that harmful religious experiences and messages can sabotage a person's happiness, well-being and personal development. Over the years, in my spiritual direction practice and collaborating with other professionals in the field, I have encountered Religious Trauma Syndrome (RTS), which is a pattern of identifiable psychological maladies caused by religious conditioning. Religious Trauma Syndrome is a function of both the chronic abuses of harmful religion and the impact of severing one's connection with one's faith and faith community. It can be compared to a combination of PTSD and Complex PTSD (C-PTSD). Disentangling oneself from a harmful religious experience is a volatile process that involves losing one's sense of security and identity, as well as instability in personal relationships. This is an area of expertise that mental health professionals often ask me about, and I have developed materials and a presentation to help them understand and address the specific dynamics of religious trauma and pathways toward recovery.

Interfaith Education

As an adjunct professor of comparative religion, I enjoy speaking to any audience or group about the need and value of religious, spiritual and philosophical diversity in our world. It is my conviction that there is a universal human bond, which can be embraced, celebrated and used for the common good, regardless of one's religious, spiritual or philosophical beliefs. I believe interfaith education is a necessary ingredient in harnessing our collective potential for addressing our greatest human and ecological challenges. Interfaith education seeks to explore and develop understanding of diverse religious worlds; yet learning about different religions is

not the end in itself. As an interfaith educator my ultimate task is cultivating and sustaining social cohesion and a culture of peace. This involves stimulating a religious discourse that expresses mutual respect and understanding and facilitates a process that builds solidarity. The process also includes the work of determining how different religions can collaborate in addressing the most pressing issues of our times.

In addition to the message I bring, I have created group discussions and activities to facilitate the presentation that I give. Whether it's in a religious community, workplace, school or community center, I bring a message of human solidarity and hope for a more peaceful, harmonious and whole world.

I believe the Christian church should be at the forefront of this kind of interfaith education and collaboration. I am often asked to speak to church leaders and churches about how to incorporate an interfaith mindset and initiatives into their faith community. It involves understanding the interfaith mindset from the perspective of the life and teachings of Jesus, and exploring practical ways of being a catalyst for interfaith dialogue and cooperation in one's city or community.

Other Speaking Topics

Because of the diversity of my personal life experiences and professional work, I'm often asked to speak at conferences and gatherings, and lead retreats, workshops and seminars on topics such as:

- Life after religion.
- Spirituality and depression.
- The golden thread of religious and spiritual traditions.
- Learning to live from your sacred deep feelings.
- Recovering yourself: authentic living and self-expression.
- The spirituality of subversive and revolutionary living.
- Reclaiming your life, through inner anarchy.
- The sacred art of writing.
- Spirituality and social justice.
- Non-Religious spiritual living.



“ Not only are there "many paths to God", there are infinite paths to God - every experience, every encounter, every moment is a path to God. Whatever is showing up right now in your life, and in this very moment, is you path to God. ”

JIM PALMER ©

WAYS TO CONNECT WITH

JIM

www.jimpalmerauthor.com



There are several reasons why people seek out Jim. It's often the case that a person realizes their need to shed damaging, oppressive and self-sabotaging religious beliefs and mindsets. Sometimes the person is in spiritual crisis, because their disillusionment with religion has cast doubt upon their long held answers to life's purpose and meaning. People also turn to Jim, out of the desire to cultivate a deeper and more meaningful non-religious spirituality. They want to address the root cause of their unhappiness and suffering, and find true peace and contentment. One way Jim works with people is through his individual spiritual direction practice, which he does face-to-face in person through Skype.

People come to spiritual direction with Jim, for a variety of reasons, including to;

- Identify and trust their own experience God
- Integrate spirituality into the whole of their daily life
- Live with more intention and purpose
- Share and process hopes, hurts, struggles, and losses
- Live the essence of your spiritual affiliation with integrity

Jim has also developed an Online course entitled Life After Religion: A Personal Journey Out. In this course, people learn the steps for making peace with their religious past; undoing toxic religious beliefs, cultivating new mindsets for personal liberation, answering life's essential questions, and exploring what spirituality is for each person.

Jim Palmer

3316 Crystal Spring Lane, Hermitage, TN 37076

615) 517-0520

jimpalmerauthor@gmail.com

Photography by Jim Palmer - Layout and Design by BARleasing, LTD - barlease@aol.com



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